

NYPD 10-13 CLUB of Charlotte, NC Inc.

137 Cross Center Rd. Suite 150 Denver, NC 28037



A CHAPTER OF THE NATIONAL NYCPD 10-13 ORG. INC. http://www.nationalnycpd1013.org/home.html AN ORGANIZATION OF RETIRED NEW YORK CITY POLICE OFFICERS AND OTHER LAW ENFORCEMENT OFFICERS



Club Officers Volume 7 Issue 5 May 2015 PRESIDENT PRESIDENT'S MESSAGE

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Hi All, In 1962, President Kennedy proclaimed May 15th as National Peace Officers Memorial Day and the calendar week in which May 15th falls, as National Police Week. Established by a joint resolution of Congress in 1962: http://www.nleomf.org/assets/pdfs/npw/1962_national_police_week_proclamation.pdf

National Police Week pays special recognition to those law enforcement officers who have lost their lives in the line of duty for the safety and protection of others.

This year during National Police Week, the names of 273 officers killed in the line of duty are being added to the National Law Enforcement Officers Memorial in Washington, DC. These 273 officers include 117 officers who were killed during 2014, plus 156 officers who died in previous years but whose stories of sacrifice had been lost to history until now.

Two engravers, Kirk Bockman and Jim Lee, have added names to the memorial every year since it was dedicated in 1991. The 20,538 names date as far back as 1791 and represent officers of municipal, state and federal law enforcement agencies killed in the line of duty.

Please remember to honor our fallen heroes.

It is unfortunate that as we prepare to honor these heroes the anti-police rhetoric and disrespect for our law enforcement officers continues. In recent weeks the following headlines appeared in newspapers around the country.

3rd grade students write get well letters to Killer of Philadelphia Police Officer

Black Student Union at UC Berkeley demand that a university building be renamed after convicted cop killer

Nebraska State senator Chambers won't back down, apologize for saying he'd shoot a cop

Credible Threat To Law Enforcement

During our April Board meeting we chose a charity to donate the proceeds of this years golf tournament. Bill O'Reilly, Fox News, has started a fundraiser to provide track chairs, (super high tech wheel chairs), to all of the 1,700 paralyzed or amputee military veterans who were injured in Afghanistan and Iraq.

Each track chair costs \$15,000 and we hope to raise enough money to purchase one chair.

At this month's membership meeting one of our guests will be US Army Veteran Michael Verardo who lost a leg and received other serious injuries in 2010 after stepping on a landmine in Afghanistan. To learn how the track chair has made a positive impact on his life and provided him some independence watch this short video: <u>https://www.youtube.com/watch?v=Qq1WrTQk73g</u>

(Continued on next page)

Our Next Membership Meeting Is Tuesday, May 12, at 6 PM at the Charlotte FOP Lodge #9, 1201 Hawthorne Lane, Charlotte NC 28205 http://www.charlotte1013.com/

President's Message continued.....

During our April membership meeting we awarded \$1000 scholarships to two of the four applicants eligible for the award. Sarah Albrecht, daughter of Bob Albrecht was chosen as the recipient of the Bob Andretta Memorial Scholarship. Sarah will be attending the University of North Carolina, Chapel Hill. Kellie Recher, daughter of Vinnie Recher was the chosen as the recipient of the 911 Memorial Scholarship. Kellie will be attending Western Carolina University.

The other applicants were Sam Schultheis, grandson of Dave Schultheis, who will be attending Seattle University and Shannon Gavin, daughter of John Gavin, who will be attending Wingate University.

Each candidate had to write an essay on what it means to be an American. Copies of their essays are below.

We wish each of the candidates much success with their college education.

Sarah Albrecht

A country as vast and diverse as America is bound to have a wide range of beliefs and ideals. Most citizens of the United States have families that originate from other countries around the world and have retained their cultures while simultaneously gaining a sense of American identity. The ability to do this is one facet of the freedoms granted by life in America, and these freedoms are the common ideals that unite Americans as a country.

The United states was formed under the idea that the citizens of a country should have the right to empower and influence their government as well as to live their lives however they wish to. The United States Constitution is saturated with support for individual sovereignty and freedom of expression, making a country that stands out with its individual rights. Being an American means that one is allowed to express his or herself however one pleases, regardless of sexuality, gender, race, origin, or social class. Likewise, being an American means accepting others and celebrating differences rather than ostracizing them. If not for the acceptance of diversity we would hardly have a country like the one we have today: imagine life without the mass immigration in the 1800's and 1900's that brought so many workers to the United States. If those immigrants had been forced to assimilate into the United States culture at that time period many aspects of our society that we love would have never been allowed to flourish, such as Italian food or football, a game that originated from English immigrants that brought rugby to the US. The US earned its title of being a "melting pot" of cultures and as such embracing the "melting pot" aspect of the American identity is a crucial part of what it means to be an American.

The founders of the United States emphasized the importance of viewing all people as equals and treating them as such. Even though the struggle for true equality is persistent throughout the history of the United States the fact that we keep fighting for it is indicative of our inner drive to fulfill what the founders of this country were aiming for: a fair, representative country that disregards limits on equality an embraces the differences seen through the cultures around the world. As we continue to embrace what each individual has to offer our country we will continue to be a country that attempts to lead the world in acceptance and freedom.

Shannon Gavin

What It Means To Be an American

To be an American is the ability to pray in your house of worship free of trepidation.

To be an American is the ability to criticize your government without fear of reprisal.

To be an American is the ability to experience the cultures of the world and never have to leave your block.

To be an American is the ability to be at odds with your neighbor yet pull together in the face of disaster.

To be an American is someone who does not bow to adversary.

To be an American is taking pride in calling yourself an American.

Sam Schultheis

Providing a definition as to what it means to be an American is an impossible task. I've put a lot of consideration into aspects that would make one an American, bu the more I thought about it, the more difficult it became. Obviously, one cannot limit an American to a certain range of race, religion, gender, age or other uncontrollable factor. An American isn't necessarily even defined by support of the American government; many Americans want changes within the government, changes that vary wildly based on political views. Declaring that only those born in the United states are Americans ignores the hundreds of thousands of legal immigrants who became citizens, and turns a blind eye to the strong immigration of the 19th and 20th centuries that helped make our nation what it is today. Even requiring direct citizenship limits any legal immigrants who have yet to receive citizenship. Any attempts at placing concrete specifications on what makes a person an American were met with immediate, glaring exceptions.

So no, I unfortunately cannot say what it means to be an American, because there is n ot correct way to go about being one. As a nation, the United states has always been defined by its diversity, internal divisions and progress. Its citizens are defined only in their variety, an attribute which paradoxically unites us all the more. I am in no position to declare who is or is not an American-that is a right left to each individual. The United States of America is a place of prosperity, freedom, and equality, and Americans, not matter what form they may take, will always be there to support it.

Kelly Recher

An American

The sky is black. People are bloody, bruised, scared. Bodies lay stricken in the ashes, one on top of the other. Families are frantic. Schools, flights, trains and the bank teller's nine to five job are shut down. I am home with my pregnant mother. Her face is tear stained and she is helplessly trying to calm her three girls down with shaking hands. Dad is there. Two planes hit the twin towers and Dad is there. Everyone is running away and Dad is running towards them. Will he come home? We can't even contact him. Please let him be safe.

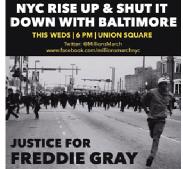
September 11th, 2001 is a day that changed the lives of nearly every American in this country. Everyone has their own stories, everyone was affected in some way. Some for just a day, some for a little while, and some for the rest of their lives. Not a day goes by that I do not think back to that day and the weeks following. And not a day goes by that I am not affected by the tragedy and triumph that our country, and my family, went through.

Tragic events have a certain irony to them; through the haze of hurt and hardships there comes a dawn of light and realization that is hard to ignore. In the weeks following the attack on our country my dad's presence in our home was scarce. Even at a young age I felt the dynamic of our lives change completely. Although at the time I was not yet old enough to understand, looking back now I realize that this change was actually a sense of purpose and intention in which we all began to live our lives. There was no longer a guarantee of dinner at five-thirty and watching football on Sundays as a family. We all subconsciously decided to never take anything for granted again. Every second I spent with my family I valued, every chance I had to live life I took advantage of. Life was no longer something I allowed myself to just sail through, living itself had a purpose.

I have carried this sense of determination to value everything in life throughout the years since that devastating day. Whether it be time spent with my family, school work, or just relationships with friends. I know that it is a blessing and I am thankful for each and every opportunity I have. Nothing is guaranteed.

Being an American is more than what most people think. Hope shown through the muck on that September day so long ago. My dad, Vincent Recher, is my hero. His audacity and heroism saved multiple lives that day. I was lucky to see him walk through the door again. I learned the value of life. I learned that hope is everywhere. I learned that I am lucky, and think that is what it is like to be an American.

As this newsletter goes to publication, the National Guard has been activated in attempt to quell a second night of rioting in Baltimore where fires consumed 19 buildings and 144 vehicles, while at least 20 police officers were injured, and the following has been posted on social media websites:



We call on New Yorkers from across the five boroughs, #BlackLivesMatter activists and organizations as well as all organizations that stand for social, economic, and racial justice to rally at Union Square this Wednesday at 6pm.

People of Baltimore have taken to the streets day after day for justice for Freddie Gray and for Black lives across the country but now that the National Guard has been called in and a curfew set, we must stand in solidarity with the people of Baltimore. The media will continue to paint the people of Baltimore as rioters and looters but people forget that the City and Police of Baltimore loot and destroy Black and Brown communities of Baltimore every day of the year.

Rally at Union Square at 6pm to show the people of Baltimore that we stand in solidarity with them and with their resistance because their resistance is for justice and their justice is our justice.

Please continue to keep out police officers in your thoughts and prayers and pray that the rioting does not spread to other cities.



In memory of all Police Officers who lost their lives in the line of duty

May you rest in Heavenly Peace. May your family be forever watched over and blessed. May your friends and colleagues find comfort. Please watch over us from on high. We will see you again dear Sir. Thank you for your service. I will never forget your sacrifice or the sacrifice of your family. Greater Love Hath No Man.... Prayers for all involved.



Fraternally,

Harvey Katowitz

Harvey Katowitz

We Will Never Forget our Heroes



Lt Cava Suffered a heart attack at his residence.



Each April, we begin the process of intricately engraving new names of fallen officers onto the marble walls of the National Law Enforcement Officers Memorial. It is a solemn time, for each new name carved on the wall is another tragic story of an officer who made the ultimate sacrifice for their community.

This year, we will be adding the names of 275 fallen law enforcement officers—one hundred and seventeen of which are the names of officers we lost in the line of duty last year. One hundred and fifty-nine are the names of officers who fell in years prior who are now being recognized.

On May 13, we will officially dedicate these names during the 27th Annual Candlelight Vigil, and we hope you will join us in honoring the sacrifice that each of these officers made for their community.

Even if you can't make it to Washington, DC to experience the Vigil in person, you can take part through the United By Light campaign. Register to watch the Vigil webcast with your friends and family and light a Virtual Candle in honor of a special officer.



http://support.nleomf.org/site/PageNavigator/2015clv Event Home.html

http://www.nleomf.org/candle-light-vigil-wall/

The Vigil webcast will be available live on May 13, at 8:00 pm ET and an archive of the video will be temporarily available to those who register to watch if you'd like to organize an event at a later date.

After you register to watch the Vigil webcast, remember to ask others to join you. Whether you invite a few close friends to watch at home or organize an event at the town auditorium, the key is to watch the Vigil together and honor those we've lost.

Help us honor the 900,000 law enforcement officers who put their lives on the line every day for the safety and protection of others.

Thank you for your support,

raigh. Floyd

Craig W. Floyd Chairman & CEO

They Must Never Be Forgotten







ON MAY 5, 2015 THE FOLLOWING OFFICERS WHO DIED IN THE LINE OF DUTY OR FROM A 911 RELATED ILLNESS WILL BE HONORED DURING THE 2015 STATE OF NEW YORK MEMORIAL REMEMBRANCE CEREMONY



Det. Dennis E. Guerra 04/09/214

R.I.P BROTHER IN BLUE!

P.O. Michael C. Williams

09/21/14



12/20/14



Det. Angel A.Creagh 01/14/14



R.I.P BROTHER IN BLUE! Det.. Rafael L. Ramos 12/20/14



05/24/13



08/28/14

R.I.P BROTHER IN BLUE!

Det. Steven Hom

10/19/2013



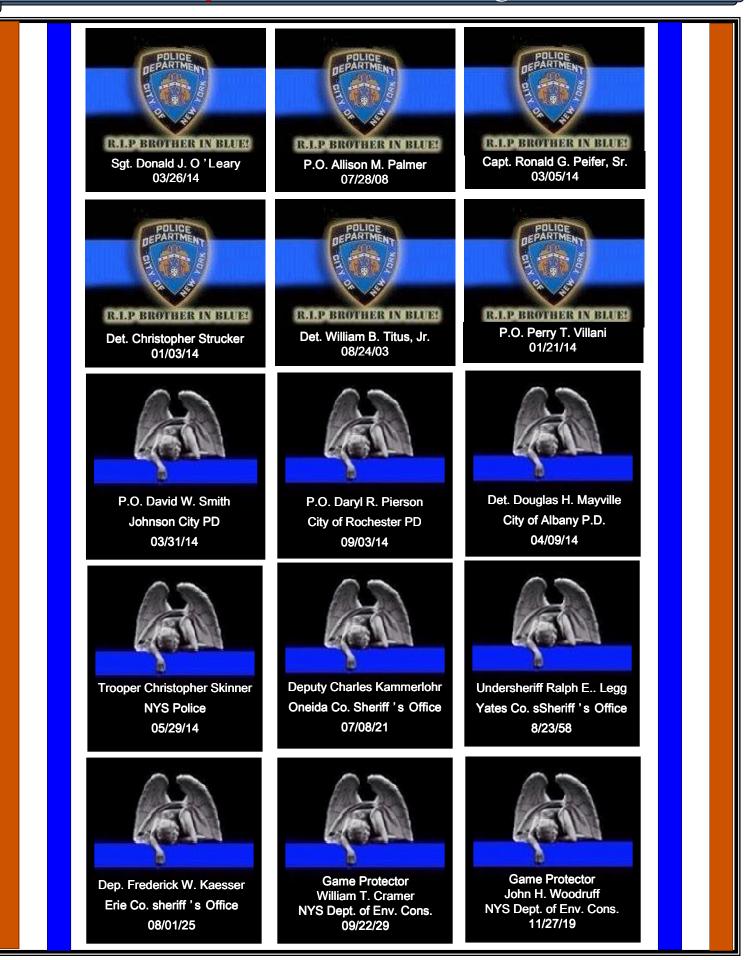
R.I.P BROTHER IN BLUE! P.O. Nicholas G. Finelli



R.I.P BROTHER IN BLUE!

Det. Michael R. Henry

They Must Never Be Forgotten



We Will Never Forget our Heroes

National Police Week May 10-16, 2015



Video Tribute To Officers Killed in the line of Duty in 2014 May 13, 2015



FOP Lodge #9 Police Memorial Candlelight Vigil will be held on Friday May 1st, 8:00 PM at Sharon Memorial Cemetery, corner of Sharon Amity and Monroe Roads. The ceremony will take place at the lake near the Police Pictorial Monument

http://support.nleomf.org/site/PageNavigator/2015clv_Event_Home.html



Schedule for 2015 Tuesday, May 5, 2015 Annual Blue Mass

The Blue Mass will be held at 12:10 p.m. at St. Patrick's Catholic Church (10th & G Streets, NW, Washington, DC). For additional information please call 202-347-2713 or visit www.saintpatrickdc.org.

Sunday, May 10, 2015

20th Annual LawRide

Procession will assemble at RFK Stadium/Armory (19th and East Capitol Street, NE) at 6:00 a.m.; kick-stands up time of 9:45 am for the ride to the Memorial for wreathlaying ceremony; and presentations from 11:00 a.m. - Noon.

Monday, May 11, 2015

Washington Area Law Enforcement Memorial Service

The FOP Auxiliary in hosting the <u>36th Annual Washington Area Law Enforcement Memorial Service</u>. This year we will gather to honor and remember the service and sacrifice made by two local law enforcement officers; Sergeant Clinton J Holz (U.S. Capitol Police) and Corporal Jamel Clagett (Charles County Sheriffs Dept).

Tuesday, May 12, 2015

Police Unity Tour Arrival Ceremony

Arrival Ceremony will begin at 2:00 p.m. at the National Law Enforcement Officers Memorial. Begun in 1997, the Police Unity Tour has raised nearly 16 million dollars for the NLEOMF. Visit <u>www.policeunitytour.com</u>,

Wednesday, May 13, 2015

27th Annual Candlelight Vigil

The Candlelight Vigil will be held at 8:00 p.m. at the 400 block of E Street, NW. The event is sponsored by the National Law Enforcement Officers Memorial. No tickets are required and everyone is welcome. Due to parking limitations, it is strongly advised that anyone attending the event take the Metro Red Line to Judiciary Square. For additional information please call 202-737-3400.

Thursday, May 14, 2015

National Police Survivors Conference and C.O.P.S. Kids/Teens

Sponsored by Concerns of Police Survivors (C.O.P.S.) at the Hilton Alexandria Mark Center Hotel. Family and co-worker survivors have opportunities to receive support to understanding grief, prepare for trial, learn new coping skills, and build connections with others. School aged children of fallen officers spend the day at Quantico taking part in activities specially tailored for their age. Visit www.nationalcops.org or call 573-346-4911 for more information.

13th annual Steve Young National Honor Guard Competition and Pipe Band Competition

This event is hosted by the Fraternal Order of Police and takes place at the Grant Statue (west front of the United States Capitol.) During the day you will see honor guard teams and pipe bands all performing for the public as they pay their heart felt tributes to law enforcement and the nation's surviving families. Confirmed time: 8:00 a.m. to approximately 4:00 p.m.

Friday, May 15, 2015

34rd Annual National Peace Officers' Memorial Service

Sponsored by the Grand Lodge Fraternal Order of Police and the Grand Lodge Fraternal Order of Police Auxiliary. The Memorial Service will be held on the West Front of the United States Capitol in Washington, D.C.

The Service begins at 11:00 a.m. and is expected to run approximately 2 hours. The Wreath Laying Ceremony will be held immediately following the Memorial Service at the National Law Enforcement Officers Memorial, located in the 400 block of E Street, NW.

We Must Never Forget our Heroes



No Apology!

I am a professional police officer in the United States, highly trained and well equipped, backed up by my brothers and sisters behind the badge. I work in your city, in your community, in your neighborhood. I'm on duty 24 hours each day, everyday of the week, weekends, holidays, everyday of the year, spending precious time away from my family gatherings. I do not take a day off. I am there at 3:00 in the afternoon or 3:00 in the morning, anytime you need me, I will be there for you, ready to fight for you, to protect you from the evil that would prey upon you at the worst moment of your life. In my job I know there is danger, I could be injured, even killed but I will still be there for you. I've seen things that would scar some for life yet I must be prepared to handle the situation, often making split second decisions that will be reviewed and dissected over and over again from the comfort of your easy chair.

I do not apologize for the traffic ticket I give you. I do not apologize for taking you to jail for domestic violence, theft, robbery, burglary or any other heinous crime you choose to commit. I do not apologize for speaking sternly to your child to keep them on the right track. I do not apologize for stopping and arresting you for DUI. I do not apologize for finding your lost child and bringing him home. I do not apologize for standing between you and your loved one to settle a dispute before you are injured or for dragging you from a crash, for holding your hand to comfort you in tragedy. I do not apologize when my K-9 partner chases and bites you when you flee.

I will search for your elderly father with dementia, your stolen car, the thug who stole your purse or knocked your mother down in a parking lot or any other multitude of reasons. I will comfort you when you are hurt or try to bring some order to your family situation or help you when I can. I will go down that dark alley that frightens you or race towards the gun fire as you run away.

I've taken an oath to serve and protect but I did not consent to being shot, stabbed, punched, kicked or injured in any way. I will protect you and protect myself from harm whenever possible. If you point a gun at me I will consider you a threat and I will eliminate that threat. I do not apologize for protecting myself even if it means it costs your life. We are all responsible for the choices and decisions we make. The majority of the time I am not in the news. You won't read about my every day shift as I do my job with integrity and honor. Everyday there are hundreds of heroic acts performed by police officers that you will never hear about.

No, I don't apologize for being a cop. I am proud of my profession and the thousands of cops just like me that walk a beat or patrol your neighborhood. We continue to deliver the best service possible in spite of the current animosity directed towards us. We are not discouraged or deterred by those shrill voices that encourage violence or chaos. Enough is enough. I am a professional police officer. No apology!

MARCH'S MEMBERSHIP MEETING



Trustee Bernard Roe - Ret. LAPD Sgt. Steve Dorsey - Pres. Harvey Katowitz









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Joy Houston, Widower of former club Trustee Jim Houston - Harvey Katowitz





NYPD 10-13



Club of Charlotte NC

9

MEMBERSHIP



May 12 June 9 July 14

August 11 September 8 October 13 November 10 December 8





SICK DESK UPDATE

John Krohn will be having open heart surgery on May 27 to treat an aneurism on his aorta.

Please keep john in your thoughts and prayers.



The following members joined our Club in April

Ret. NYPD P.O. John Brienza, 41 Pct. Retire Maryland State Trooper Ron Fansler



Congratulations to club member Al Willms on the birth of his first grandchild



Adelyn Paige Willms born April 11, 2015, 7:17 PM 18.5 inches ,6.1 lbs



License Plates for sale \$10. See Club Historian Joe Kozlowski



BIRTHDAYS

MAY

Martin Richardson	5/1	
Alex Ng	5/3	
Bill Freeman	5/4	
Janice Glover	5/4	
Frank Irizarry	5/7	
Al Smith	5/7	
William Glasser	5/9	
Donald Sanchez	5/10	
Howard Hoffamn	5/11	
Ron Perry	5/15	
Craig McKenzie	5/18	
Jim Hurd	5/20	
Larry Goffredo	5/22	
David Moses	5/23	
Paul Pearo	5/24	
Paul Stryjewske	5/24	
Don Schappert	5/26	
Joe Stritmatter	5/28	
Vic Holiday, Sr.	5/28	
Ed Gilmurray	5/29	
Robert Callender	5/29	
William Kennelly	5/29	
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Mother's Day is May 10.

Happy Mother's Day to all our Club mothers

Enjoy your day!



Keep This Date Open May 29 10-13 Club's Night at the Knights.

Tickets will be distributed at the May membership meeting

Health and Welfare

9/11 Health



Auto-Immune Disease New Post-9/11 Concern

By SARAH DORSEY— Monday, March 30th, 2015; 5:30 p.m. 'The Chief / Civil Service Leader' / New York, NY

Emergency workers who responded to the Sept. 11 attacks have a new ailment to watch out for: autoimmune diseases like lupus and rheumatoid arthritis.

A new study looking at firefighters and Emergency Medical Service workers found that the longer a person spent at the Trade Center site, the more likely he or she was to develop an autoimmune disorder. Each additional month spent on the Pile raised the odds by 13 percent, and those who remained after 10 months had triple the risk of those who spent a month there.

Zadroga Act Inclusion?

The World Trade Center Health Program is reviewing the study to decide whether to cover such conditions under the Zadroga Act.

Autoimmune diseases occur when the body mistakenly attacks its own healthy tissue.

The study was led by Mayris P. Webber of Montefiore Medical Center and the Albert Einstein College of Medicine and co-authored by a panel of experts including the FDNY's Chief Medical Officer, David Prezant. It was supported by the National Institute for Occupational Safety and Health and published in the journal Arthritis & Rheumatology.

A Surprising Discovery

The authors found that autoimmune disorders were rare even among Sept. 11 responders. Just 59 of the more-than 13,000 responders studied were diagnosed with an autoimmune disease between the day of the terrorist attacks and Sept. 11, 2013, though others believe they, too, may be affected.

Most common were forms of arthritis, including rheumatoid and spondyloarthritis. Other responders developed myopathies disorders causing muscle inflammation and weakness—or lupus, which affects many internal organs and can be fatal. A handful of other conditions affected just a few people, including disorders of the skin, eyes and mouth such as systemic schlerosis and Sjogren's syndrome.

The authors called the findings "unexpected," noting that until now the only systemic autoimmune disorder known to be triggered by exposure to Sept. 11 dust was sarcoidosis. According to the Mayo Clinic, doctors believe **sarcoidosis** is typically triggered by an inhaled substance unfamiliar to the body.

Autoimmune disorders are generally thought to have a genetic component, according to the American Autoimmune Related Diseases Association (AARDA). But an outside trigger often seems to be involved, such as exposure to bacteria, viruses, or toxins.

The attacks on the Twin Towers unleashed a dust cloud containing a potent brew of toxins including dozens of known carcinogens, respiratory irritants, and other harmful substances, such as asbestos, pulverized glass, silica, lead, and various neurotoxic and endocrine-disrupting chemicals.

Because firefighters tend to be fitter than the general population, the researchers compared their rates of autoimmune disease with other firefighters and EMS workers of the same gender, ethnicity and year of hire.

The Federal Government covers medical care for those with a host of Sept. 11-related illnesses, including respiratory and gastrointestinal disorders, post-traumatic stress disorder and dozens of cancers. The Victim Compensation Fund also covers out-of-pocket medical expenses, lost wages and other costs for those sickened or hurt in the attacks.

Health and Welfare

Popular Wines Contain High Levels Of Arsenic, Lawsuit Alleges

Amy Rushlow Senior Editor March 20, 2015



An inexpensive bottle of wine may seem like a bargain, but it may come at a cost to your health. A proposed class action lawsuit filed in California on Thursday claims that some popular wines have arsenic levels three to five times greater than the concentration allowed in drinking water, according to news reports. (<u>http://www.cbsnews.com/news/lawsuit-claims-high-levels-arsenic-found-some-california-madewines/)</u>

The lawsuit involves more than two dozen California wine companies, including the popular brands Franzia, Sutter Home, Glen Ellen, and Beringer.

The Denver-based laboratory <u>BeverageGrades</u> first discovered the high arsenic levels. Tests of approximately 1,300 bottles of wine revealed that more than one-quarter of them had arsenic levels higher

than the upper limit allowed in drinking water by the Environmental Protection Agency (EPA).

Cheaper wines tended to have higher arsenic levels, BeverageGrades co-founder Kevin Hicks told CBS. Franzia White Grenache, for example, came in at five times the EPA's limit for arsenic in tap water. Trader Joe's popular Charles Shaw White Zinfandel had triple the limit. A spokesperson for Trader Joe's told CBS that the company is "investigating the matter" and taking the concerns seriously.

The news about arsenic in wine is the latest in a series of recent headlines on arsenic contamination in common foods. Significant levels of inorganic arsenic, a known carcinogen, were detected in rice in 2012 and again late last year by Consumer Reports, as <u>Yahoo Health reported</u>. (https://www.yahoo.com/health/we-first-heard-the-bad-news-in-2012-rice-contains-103047447432.html). Apple juice has also been under scrutiny since a 2011 Consumer Reports study on arsenic in the juices was released. In 2013, the U.S. Food and Drug Administration proposed a benchmark for the acceptable amount of arsenic in apple juice, but some experts recently criticized the move for not setting the limit low enough.

The EPA sets the maximum limit for arsenic in drinking water at 10 parts per billion. The highest level of arsenic found in the BeverageGrades tests was 50 parts per billion. The U.S. does not regulate arsenic levels in wine or other beverages besides drinking water.

To put that in perspective, consider that 50 parts per billion was the EPA's standard for arsenic in drinking water before 2001.

At 50 parts per billion, the lifetime risk of dying of cancer due to arsenic in drinking water — assuming that people drink two liters of tap water per day — is one in 100, according to an analysis by the National Resources Defense Council. For an arsenic level of 10 parts per billion (the current EPA limit), the risk is one in 500. The NRDC calculated the statistics using data from a 1999 study of U.S. tap water conducted by the National Academy of Sciences.

High levels of inorganic arsenic are known to cause several types of cancer, according to the American Cancer Society (ACS). A U.S. study in the journal Annals of Internal Medicine also found that long-term exposure to low or moderate arsenic levels may increase the risk for cardiovascular disease, coronary heart disease, and stroke. Recent European research also found that long-term exposure to arsenic in drinking water may contribute to diabetes.

In California, businesses are required to alert consumers if a product contains "a chemical known to the state to cause cancer." The lawsuit, which was filed in Los Angeles Superior court, seeks unspecified damages and a court order requiring wineries to address the arsenic levels in their products.

WARNING!

Be careful, BBQ season is upon us!

Hidden Dangers in Propane Tanks Uncovered

http://www.firehouse.com/video/12063947/hiddendangers-in-propane-tanks-uncovered



For an online version of "2015 Medicare & You" go to: <u>www.medicare.gov/medicare-and-you</u>. Visit this link to get all the same information you found in the print version like what's new for the year, how Medicare works with your other insurance, Medicare costs, and what Medicare covers.

Even better, the information on the web is updated regularly, so you can instantly find the most up-to-date Medicare information.

To review and compare plans click <u>https://medicare.gov/find-a-plan/questions/home.aspx?</u> <u>utm_medium=email&utm_source=govdelivery</u>

TRUSTEE'S PAGE



When our Club was initially formed with 35 members, it was easy for the President to respond to emails from our members. Now that we have over 350 members, the task has become a full-time job and difficult for him to do in a timely manner. To alleviate this problem our trustees have been assigned to designated geographical areas. If you have a question, problem or concern, please correspond with your designated trustee.

Please save for future reference.

Geographical Area	Trustee	Tel. (H)	Tel. (C)	Email Address
Catawba County	Brenda Jordan	704-588-0652	516-852-3885	brenjordan5@aol.com
Cabarrus County	Brenda Jordan	704-588-0652	516-852-3885	brenjordan5@aol.com
Gaston County	Brenda Jordan	704-588-0652	516-852-3885	brenjordan5@aol.com
Iredell County	Bob Fee	704-919-1311	704-220-8400	rtfvs@yahoo.com
Lincoln County	Brenda Jordan	704-588-0652	516-852-3885	brenjordan5@aol.com
Mecklenburg County	Bernard Roe	704-595-3463	704-241-8002	broehroe@aol.com
Rowan County	Brenda Jordan	704-588-0652	516-852-3885	brenjordan5@aol.com
Union County	Frank DeMasi	704-771-6855	704-771-6855	dfam5@carolina.rr.com
All other areas	John Erker	516-445-3494	516-445-3494	erk8449@yahoo.com



Brenda Jordan



Bob Fee



Bernard Roe



Frank DeMasi



John Erker







Wee

SOC Health and Welfare Fund Benefits Handbook

The Trustees of the Superior Officers Council Health and Welfare Fund are pleased to present you with this updated benefit handbook. Over the last few years, substantial changes have taken place to our Health and Welfare Fund. We hope this handbook will assist you and your family navigate through the benefits available to you. We urge you to read this handbook carefully so you will become familiar with not only your benefits, but also your rights and obligations related to the Fund **Read More** http://www.nypdcea.org/pdfs/2011_soc_benefitbook.pdf

	NYPD CEA 2015 Meeting Schedule	
Day, Date	Time	Location
ednesday May 6, 2015	10 AM	El Caribe
		Brooklyn

Line Organizations



New York City Police Department Lieutenants Benevolent Association Leaders of the Finest

WOOLWORTH BUILDING 233 BROADWAY, Ste 1901 NEW YORK, NY 10279

(212) 964-7500 Phone (212) 964-4240 Fax Emergency Hotline (212) 350-0038

April 12, 2015

Dear LBA Member:

We are pleased to announce that the new LBA website is now 'live' We have prepared a video to explain the 'sign in' process.

Please click the following link to view this video: https://www.youtube.com/watch?v=kHRy6H6Ovkw

If you have difficulty, please copy and paste the address above in your browser.

The website is still the same - www.nypd-lba.org

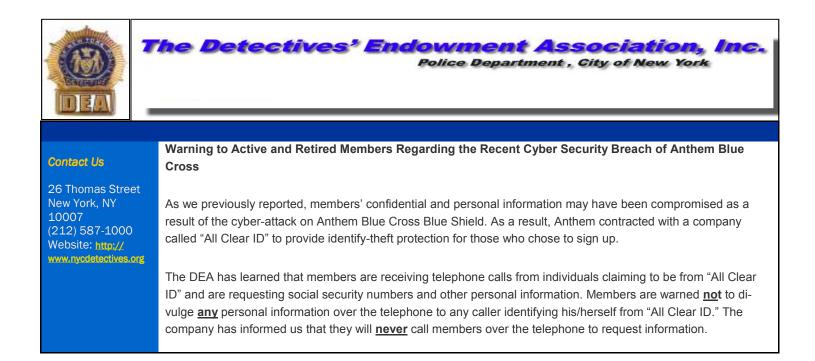
April 23, 2015

The Lieutenants Benevolent Association has arranged with the Department's Payroll Section to have our retired members', who are owed retroactive money, retroactive checks mailed directly to their homes. Historically, the member would need to go to One Police Plaza to retrieve their retroactive check or wait approximately a month or more to have the checks forwarded to them by mail.

The retroactive checks will be mailed to the address on record with the Lieutenants Benevolent Association. The checks will be mailed to the member's home address by the Department's Payroll Section no later then Friday, April 24th; we anticipate the member receiving the check at their home by the middle of next week.

I would like to acknowledge Director Joseph Lodispoto and Director Aurora Lopez of the Payroll Section for their cooperation and assistance in helping to expedite our retired members receiving their retroactive money.

Fraternally, Lou Turco President LBA | 212-964-7500 | <u>Iba@nypd-Iba.org</u> | <u>http://www.nypd-Iba.org</u> 233 Broadway Suite 1801 New York, NY 10279



Line Organizations



Sergeants Benevolent Association

SBA UNION 212-226-2180

SBA HEALTH & WELFARE 212-431-6555 www.sbanyc.org

SBA WILLS AND HOUSE CLOSINGS JOE McCONNON 212-343-5658

SBA GENERAL COUNSEL ANDREW QUINN 914-997-0555

SBA DISABILITY COUNSEL UNGARO & CIFUNI, LLP 212-766-5800 www.nycdisabiltylaw.com

SBA ANNUITY FUND

NEW YORK LIFE 800-294-3575 www.bcomplete.com SBA OPTICAL PLAN DAVIS VISION 800-999-5431 www.davisvision.com MEMBER ID #: TAX ID #

SBA DENTAL PLAN HEALTHPLEX 800-468-0600 www.healthplex.com MEMBER ID #: "SBA" + TAX ID #

SBA PRESCRIPTION PLAN

OptumRx 877-559-2955 www.optumrx.com MEMBER ID #: TAX ID #, BIN #: 610127, RX GROUP #: 02640001 RX PCN#: 02330000 PERSON CODE: MEMBER- 01, SPOUSE- 02, CHILD- 03, 04, 05, etc

"PICA" PROGRAM

EXPRESS SCRIPTS 800-467-2006 www.express-scripts.com MEMBER ID #: IF UNKNOWN USE SSN BIN #: 003858, RX GROUP #: APNN, PCN #: A4

CITY HEALTH BENEFITS PROGRAM ACTIVE HEALTH BENEFITS 646-610-5122 51 CHAMBERS ST, 3RD FL, NYC www.nyc.gov/olr

CITY HEALTH BENEFITS PROGRAM

RETIREE HEALTH BENEFITS 212-513-0470 40 RECTOR ST, 3RD FL, NYC www.nyc.gov/olr 212-306-7300/7600

POLICE PENSION FUND

www.nyc.gov/nycppf 212-693-5100 233 BROADWAY, 19TH FL, NYC

POLICE RELIEF FUND

AMBULANCE & MEDICAL EQUIPMENT 718-626-9320 38-13 NORTHERN BLVD, QUEENS



RETIREE FUND

Eligiability

http://www.nycpba.org/benefits/retiree-eligibility.html

Supplementary Benefits

In addition to those benefits provided by the City of New York, the Retiree Health and Welfare Fund of the Patrolmen's Benevolent Association provides benefits that augment the basic coverage, but vary according to what basic program the member selected. Some supplemental benefits are provided through the purchase of a rider from the various carriers involved and some are provided on a self-insured, self-administered basis.

Hearing aid benefit - Obtaining benefits - Benefits in HIP/HMO Program - Reimbursement for durable medical equipment http://www.nycpba.org/benefits/retiree-supplement.html#hear



www.nypdpolicesquareclub.org/ http://www.nypdemeralds.com/ http://www.nypdcolumbia.org/ http://www.nypdshomrim.org/ http://ww2.nypdpulaskiassoc.org http://nypdsteuben.org/

What's Happening



Мау

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28 Policewomen's Endowment Association General Meeting / Operation Prom Dress Columbia Association General Meeting	29 Police Self Support Group - Dinner & Dance Russo's On The Bay	30 Hispanic Society General Meeting	May 1	2 Honor Legion Remembrance Ceremony at Cypress Hills Cemetery
3 Pulaski Association Polish Constitution Day	4 Emerald Society General Meeting	5	6 Holy Name Society Man/Bx/Si - General Meeting Deceased Parents Association Dinner	7 Society Of Honorary Police Surgeons Dinner Policewomen's Endowment Association Networking Dinner	8 Columbia Association Dinner Dance	9
10 Mother's Day	11 Desi Society General Meeting	12	13	14 Ascension Day Korean American Officers Association General Meeting	15	16
17 Norwegian Constitution Day Parade	18 Shomrim Society General Meeting	19	20 Pulaski Association General Meeting	21 Tri State Law Enforcement Foundation Fourth Annual Dinner, Scholarships and Awards	22 Anchor Club - Golf Outing Hispanic Society Dinner Dance	23 Shavuot (Begins At Sundown)
24 Shavout	25 Memorial Day Shavuot (Ends At Sundown)	26 Columbia Association General Meeting	27	28 Hispanic Society - General Meeting	29	30
31 Shomrim Society Salute To Israel Day Parade	June 1 Emerald Society General Meeting	2	3 Holy Name Society Man/Bx/Si General Meeting	4 Honor Legion Scholarship Dinner Dance Policewomen's Endowment Association Theater Night On Broadway Muslim Officers Society Annual Scholarship Dinner	5 Regina Coeli 71st Annual Communion Breakfast	6

What's Happening



The New York City Transit Police Department 1953 -1995

Every day, over five million New Yorkers and commuters rely on the city's sprawling subway system for safe and efficient transportation. Responsible for ensuring the safety of the system's massive ridership—which totals more than one billion yearly—is the New York City Police Department's Transit Bureau. As an organization with a long and tumultuous history, but one that has also displayed the character and dedication that New York City's law enforcement is widely recognized for today. On April 2, 1995, the New York City Transit Police Department merged with the NYPD. As part of the merger 4,262 officers were transferred to the New York City Police Department.

Currently, there are less than six crimes reported in the New York City subway system each day, compared to over 22 crimes in 1994. Overall robberies are down more than 88 percent and grand larcenies are down over 57 percent since 1994. This year, crime is down 18 percent compared to 2014 and there have been seven arrests of individuals in possession of illegal firearms, five of which stemmed from quality of life enforcement.



FEALGOOD FOUNDATION NO RESPONDERS LEFT BEHIND

John Feal, founder of the Fealgood Foundation will be one of the guest speakers at our May membership meeting and will discuss the WTC Health Program.

The primary mission of the FealGood Foundation is to help those who may have been injured uphysically or mentally, as a direct result of their rescue, recovery, and cleanup efforts at the World Trade Center Site following the terrorist attacks of September 11, 2001.



Monday May 25 is Memorial Day

We must never forgot our servicemen and woman who sacrificed their lives protecting our country http://worriersanonymous.org/Share/Mansions.htm









EQUAL DISABILITY BENEFITS

FOR ALL NEW YORK CITY

POLICE OFFICERS & FIREFIGHTERS

NEW YORK CITY & NEW YORK STATE HAVE A MORAL OBLIGATION TO PROTECT THEIR PROTECTORS

What's Happening



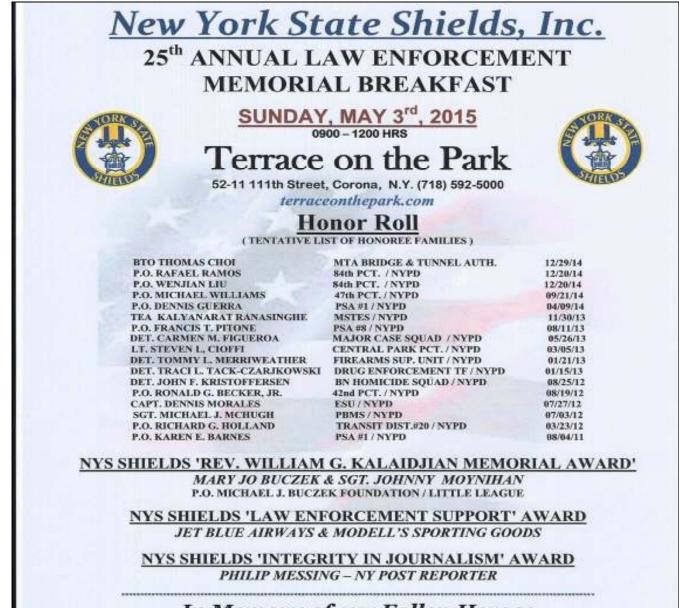
THE N.Y.P.D. HONOR LEGION

The Honor Legion of the Police Department of the City of New York, will hold their annual Honor Legion Remembrance Ceremony at Cypress Hills Cemetery 833 Jamaica Avenue, Brooklyn, New York 11208 (718) 277-4538 On Saturday May 2, 2015 at 10 AM

All members of the service active or retired uniformed or civilian are invited to attend as well as all members of the fraternal organizations. The ceremonial unit will be present with the color guard and a brief prayer service will be held followed by presentation of flowers. Uniform of the day or business attire, please come out and pay your respect to our honored dead.

The Police Arlington Memorial at Cypress Hills Cemetery was the first police memorial of its kind created in the United States. It was established in 1871 by the Metropolitan Police Benevolent Association. The memorial was designed to be a place of pride and to honor the bravery of police officers. There was a huge bronze statue of a police officer that stood upon a large pedestal and also Plaques in the shape of a police badge surrounding the statue's base. The statue and the plaques were stolen and never replaced. <u>http://www.nydailynews.com/new-york/brooklyn/civil-service-new-plan-restore-nypd-burial-ground-article-1.1349514</u>

Photo above is a small replica of the statue that stood @ Cypress Hills for nearly 90 years till it was stolen in 1966.



In Memory of our Fallen Heroes

TICKETS - \$45PP : www.NYShields.org & FACEBOOK nysShields

FOR JOURNAL INFO. & RESERVATIONS CONTACT: (212) 576-8898

OFFICE of LABOR RELATIONS

Health Benefits Program FAQs

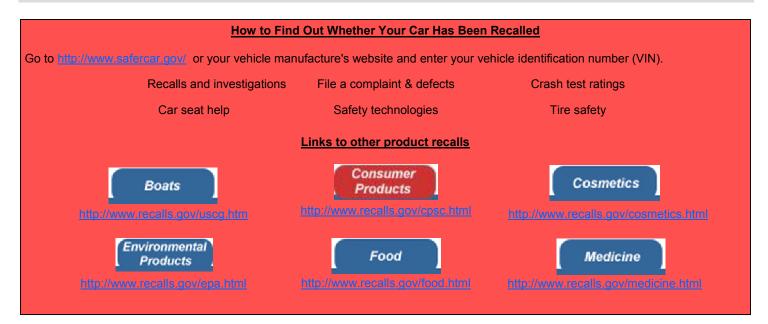
Find out what is covered under your City health benefits, who to contact with questions, what to do when you retire, and how to continue coverage after you leave the City.

See the Health Benefits FAQs: http://www.nyc.gov/html/olr/html/fags/health_benefits.shtml

POLICE PENSION FUND NOW ON FACEBOOK

www.facebook.com/nycppf

The Police Pension Fund Facebook page contains updates and news releases from the Fund regarding pension benefits for active and retired members. Individualized questions regarding pension and other benefits should still be submitted in writing to the Police Pension Fund at 233 Broadway, 19th Floor, New York, NY 10279. Downloadable forms and other valuable information are still located on the Fund's website at www.nyc.gov/nycppf.



SE SECY.

The Social Security Act provides for how the COLA is calculated. To read more, please visit www.socialsecurity.gov/cola. To view a fact sheet showing the effects of various adjustments go to: http://www.socialsecurity.gov/news/press/factsheets/ colafacts2015.html

Join the Millions with a my Social Security Account

Someday, you would like to relax and enjoy the fruits of your labor. A my Social Security account is one of the best tools you can use to plan a secure retirement and manage your Social Security benefits. If you're receiving disability, survivors, or other Social Security benefits, this personal online account also allows you to conveniently manage your benefits with just a few clicks. You can get your benefit verification letter, check your payment information, change your direct deposit and mailing address, and more.

- It takes just minutes.
- It's free, quick, and easy.
- . Advanced security features protect your privacy.

Even if you're not yet receiving benefits, you can access your personal account information online, including estimates of potential retirement, disability, and survivors benefits. You can check your earnings history to make sure that you'll receive all the benefits you've earned. You can also view and use your online Social Security Statement to help you plan your financial future, including when to start receiving Social Security retirement benefits. You'll see how much the timing of your retirement changes the amount of your monthly benefit amount.

About every six seconds someone opens a new account. So why wait? Join the millions who have already opened a my Social Security account and check out how your personal account can help you prepare for your retirement. You deserve it. Visit SocialSecurity.gov/myaccount: http://www.socialsecurity.gov/myaccount/? utm source=accudata&utm medium=email&utm content=mysso-socialsecuritygov-myaccount&utm campaign=cm-myss-14



CAUTION: Federal and state firearms laws are subject to frequent change. This summary is not to be considered as legal advice or a restatement of law. To determine the applicability of these laws to specific situations which you may encounter, you are strongly urged to consult a local attorney.

INTRODUCTION

Federal law does not restrict individuals from transporting legally acquired firearms across state lines for lawful purposes except those explicitly prohibited by federal law to include convicted felons; persons under indictment for felonies; adjudicated "mental defectives" or those who have been involuntarily committed to mental institutions; illegal drug users; illegal aliens and most nonimmigrant aliens; dishonorably discharged veterans; those who have renounced their U.S. citizenship; fugitives from justice; persons convicted of misdemeanor crimes of domestic violence; and persons subject to domestic violence restraining orders. Therefore, no federal permit is required (or available) for the interstate transportation of firearms. Title 18- Part 1- Chapter 44- s926A.

Many states and localities have laws governing the transportation of firearms. Travelers must be aware of these laws and comply with legal requirements in each jurisdiction. There is no uniform state transportation procedure for firearms. If in doubt, a traveler should carry firearms unloaded, locked in a case, and stored in an area (such as a trunk or attached toolbox) where they are inaccessible from a vehicle's passenger compartment and not visible from outside the vehicle. Any ammunition should be stored in a separate locked container.

While FOPA applies in every United States jurisdiction, experience has shown that some jurisdictions provide particular challenges to those transporting firearms. Knowing the local laws of such places is particularly important and may make traveling through them easier. The following states (California, Hawaii, Massachusetts, New Jersey, New York & Washington DC) are known to have especially strict and complicated gun control laws and travelers should consult the state laws directly, along with local law enforcement and states' attorneys general resources for detailed information.

For further information about

- Federal law on transportation of firearms
- Carrying on or about the person
- Transportation by motor vehicle
- Firearms aboard commercial aircraft
- National and state parks and wildlife refuges
- Jurisdictions with special rules

go to: <u>http://www.nraila.org/gun-laws/articles/2010/guide-to-the-interstate-transportation.aspx</u>

NOTICE OF AMENDMENT TO NY SAFE ACT AFFECTING RETIRED LAW ENFORCEMENT OFFICERS! http://www.nypd-lba.org/retiredmagazine.htm



July 7 is the next date for HR-218 qualifications in Waxhaw, NC.

HR-218 is weapon specific; You have to qualify with each weapon. Only two allowed on class day. Class fee is \$50.00, state fee is \$50.00,

Contact Sergeant Mike Gibson, Waxhaw PD, 704-690-5247, mgibson833@gmail.com for more information.

Important Telephone Numbers

NYPD General Info:	646-610-5000
NYPD Operation Desk:	646-610-5580
Pension Section(Art 1):	212-693-5100
Pension Section(Art 2):	646-610-6824/8192
ID Card Sect:	646-610-5000
Employee Benefits:	212-513-0470
P.B.A. Retiree:	877-977-3880
D.E.A. Office:	212-587-1000
D.E.A. Health Benefit:	212-587-9120
SBA:	212-226-2180
SBA Health Benefit:	212-226-2180
LBA/SOC:	212-964-7500
CEA:	212-791-8292
Social Security:	800-772-1213
GHI:	800-358-5500
Empire Blue Cross:	800-358-9592
Medicare Reimbursement:	212-513-0470
Medicare "A"	800-433-9592
Medicare "B"	800-333-7586
NYC Health Line:	800-521-9574
NYPD (D.I.F.):	212-374-5508
VA Benefits:	800-827-1000
Social Security:	800-772-1213
Spring 3100:	212-374-5750
Do not call Registry:	888-382-1222

NYC Pension Website: www.nyc.gov/html/nycppf/home.html

Medicare Website: http://www.medicare.gov

Social Security Website: WWW.SSA.GOV

Veterans Admin. Website: www.va.gov



IRS Tax Tips

April 7, 2015

Certain Donations to Help Families of Two Slain New York Officers Can Be Claimed On 2014 Returns

IRS Special Edition Tax Tip 2015-03

- A new law allows you to choose to claim a tax deduction on your 2014 federal income tax return for certain gifts you make to charities in 2015. Here are some things you should know about this special tax option.
- Dates of contribution. You can choose to treat certain contributions made on or after Jan. 1, 2015, and before midnight on Wednesday, April 15, 2015, as if you made them on Dec. 31, 2014.
- **Charities that qualify.** This special provision only applies to cash contributions to charities that provide relief to the families of two slain New York police officers Wenjian Liu and Rafael Ramos.
- Check the charity. You must donate to a qualified charity if you want to deduct the donation on your tax return. Use the <u>IRS Select Check tool</u> on IRS.gov to see if a charity is qualified. Some groups, such as churches or governments, may qualify even if the Select Check tool does not list them.
- **Cash contributions.** Contributions that you make by text message, check, credit card, debit card, electronic funds transfer or using PayPal qualify as cash donations for this special deduction. Donations that you charge to a credit card before midnight on April 15, 2015, are eligible even if you pay the credit card bill after that date. Also, donations that you make by check qualify if you mail the check by April 15.
- When to deduct. Ordinarily, you may only deduct a gift to a charity in the year you make the contribution. Under this special provision, however, you may claim qualified contributions that you make in 2015 on either a 2014 or 2015 tax return, but not both. You can only deduct contributions that you made before Jan. 1, 2015, on your 2014 tax return. Similarly, you may claim contributions you make after April 15, 2015, only on your 2015 tax return.
- How to deduct. You can deduct your charitable contribution only if you itemize your deductions. If you claim the standard deduction you are not eligible to deduct your gift to charity. Use <u>Schedule A</u>, Itemized Deductions, to claim your contribution. You can get the form on <u>IRS.gov/forms</u> at any time.
- **Nonqualified gifts.** The new law does not apply to contributions of property. Any gift that you make directly to an individual is not deductible.
- Keep records. You must keep records of any donations you claim on your tax return. For donations by text message, a telephone bill will meet the recordkeeping requirement if it shows the name of the charity, the date of the contribution and the amount of the contribution. For cash contributions made by other means, be sure to keep a bank record, such as a cancelled check, or a receipt from the charity showing the name of the charity and the date and amount of the contribution. In addition, for donations of \$250 or more, taxpayers must obtain a written acknowledgment from the charity before filing a return.

BENEVOLENT ASSOCIATIONS

Patrolmen's Benevolent Association - http://www.nycpba.org/index-flash.html Detectives Endowment Association - http://www.nycdetectives.org/ Sergeants Benevolent Association - http://www.nypd-lba.org/ Lieutenants Benevolent Association - http://www.nypd-lba.org/ Captains Endowment Association - http://www.nypdcea.org/

NEW YORK POLICE RELATED SITES

NYCPD - http://www.nyc.gov/html/nypd/html/home/home.shtml NYPD Retirees Home Page- http://www.nypd2.org/retirement/home.html National Police Support Network - http://www.policesupport.com/ Police Pension Fund - http://www.nyc.gov/html/nycppf/html/home.shtml NYPD Widows & Children's Fund - http://www.nycpba.org/fund/index.html Guide for Widower of a Retired MOS - http://www.nyc.gov/html/nycppf/html/retirement_services/death.shtml Medicare Reimbursement - http://www.nyc.gov/html/olr/downloads/pdf/healthb/irmaa.pdf NY Cop on Line Magazine - http://www.nycop.com/ The NYC Police Memorial - http://nypd.police-memorial.com NYPD Angels - http://www.nyc.gov/html/nypd/html/home/memorial.shtml

OTHER POLICE RELATED SITES

National NYPD 10-13 Organzations, Inc.- http://www.nationalnycpd1013.org/ The Fraternal Order of Police - http://www.grandlodgefop.org/ Coastal Carolina Shields - http://www.coastalcarolinashields.com/ PoliceOne - http://www.policeone.com/ International Police Association - http://www.coastalcarolinashields.com/ Law Enforcement Alliance of America (LEAA) - http://www.leaa.org/ National Association of Police Organizations (NAPO) - http://www.napo.org/ U.S. Department of Homeland Security U S Department of Justice - http://www.justice.gov/

GOVERNMENT

NYC Employee Benefits - http://www.nyc.gov/html/olr/html/health/health benefits prog.shtml New York City Gov http://www.nyc.gov/portal/site/nycgov/?front_door=true New York City Council - http://council.nyc.gov/html/home/home.shtml New York State Assembly - http://assembly.state.ny.us/ New York State Senate - http://www.nysenate.gov/ U S Senate Committee on Veterans Affairs - http://www.veterans.senate.gov/ House Committee on Veterans Affairs-http://veterans.house.gov/about The United States Senate - http://www.senate.gov/ U.S. House Of Representatives - http://www.house.gov/ Library of Congress - http://thomas.loc.gov/home/thomas.php FIRST GOV - http://www.usa.gov/ Social Security Admin. - http://www.ssa.gov/ Medicare - http://www.medicare.gov/ Dept. of Veterans Affairs - http://www.va.gov/ Emergency- ALERTS - http://www.emergencyemail.org/ White House Latest News - http://www.whitehouse.gov/briefing-room/

VETERANS SITES

Resources for Veterans in the USA - http://articles.usa-people-search.com/content-resources-for-veterans-in-the-usa.aspx American Legion - http://www.legion.org/ Veterans of Foreign War - http://vfw.org/ National Association for Uniformed Services - http://www.naus.org/dev/ U.S. Veterans Legacy Project - http://www.veteranslegacy.net/ Patriot Files - http://patriotfiles.org/

MILITARY SITES

Fisher House - http://www.fisherhouse.org/ Freedom Alliance - http://freedomalliance.org/ Agent Orange - http://www.publichealth.va.gov/exposures/agentorange/registry.asp Gulf War Illnesses - http://www.publichealth.va.gov/exposures/gulfwar/ Health of Veterans Institute of Medicine - http://www.iom.edu/ Medal of Honor Citations - http://www.history.army.mil/html/moh/index.html



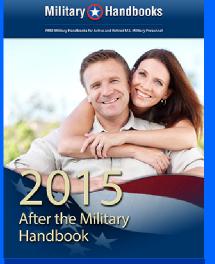
How long to keep financial records: You can't take everything with you, but you should safely store or electronically scan and save certain essential documents. The following are suggestions about how long you should keep personal finance and investment records on file:

Type of record	Length of time to keep, and why:		
Taxes	Length of time to keep, and why: Seven years		
Returns	 The IRS has three years from your filing date to audit your return if it suspects good-faith errors. 		
Canceled checks/receipts (alimony, charitable	• The three-year deadline also applies if you discover a mistake in your return and decide to file an amended return to claim a refund.		
contributions, mortgage interest and retirement plan contributions)	• The IRS has six years to challenge your return if it thinks you underreported your gross income by 25 percent or more.		
Records for tax deductions taken	There is no time limit if you failed to file your return or filed a fraudulent return.		
IRA contribution records	• Length of time to keep, and why: Permanently If you made a nondeductible contribution to an IRA, keep the records indefinitely to prove that you already paid tax on this money when the time comes to withdraw.		
	Length of time to keep, and why: From one year to permanently		
Retirement/savings plan statements	• Keep the quarterly statements from your 401(k) or other plans until you receive the annual summary; if everything matches up, then shred the quarterlies.		
	 Keep the annual summaries until you retire or close the account. 		
	Length of time to keep, and why: From one year to permanently		
Bank records	 Go through your checks each year and keep those related to your taxes, business expenses, home improvements and mortgage payments. 		
	 Shred those that have no long-term importance. 		
	Length of time to keep, and why: Until you sell the securities		
Brokerage statements	 You need the purchase or sales slips from your brokerage or mutual fund to prove whether you have capital gains or losses at tax time. 		
	Length of time to keep, and why: From one year to permanently		
	Go through your bills once a year.		
Bills	• In most cases, when the canceled check from a paid bill has been returned, you can shred the bill.		
	 However, bills for big purchases such as jewelry, rugs, appliances, antiques, cars, collectibles, furniture, computers, etc should be kept in an insurance file for proof of their value in the event of loss or damage. 		
	Length of time to keep, and why: From 45 days to seven years		
Credit card receipts and statements	• Keep your original receipts until you get your monthly statement; shred the receipts if the two match up.		
	• Keep the statements for seven years if tax-related expenses are documented.		
	Length of time to keep, and why: One year		
Paycheck stubs	• When you receive your annual W-2 form from your employer, make sure the information on your stubs matches.		
	 If it does, shred the stubs. 		
	 If it doesn't, demand a corrected form, known as a W-2c. 		
	Length of time to keep, and why:From six years to permanently		
	 Keep all records documenting the purchase price and the cost of all permanent improvements such as remodeling, additions and installations. 		
House/condominium records	• Keep records of expenses incurred in selling and buying the property, such as legal fees and your real estate agent's commission, for six years after you sell your home.		
	 Holding on to these records is important because any improvements you make on your house, as well as expenses in selling it, are added to the original purchase price or cost basis. This adds up to a greater profit (also known as capital gains) when you sell your house. Therefore, you lower your capital gains tax. 		

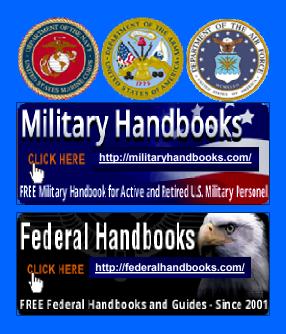
Military & Veterans



Monday May 25 is Memorial Day Excellent Video http://worriersanonymous.org/Share/Mansions.htm



http://militaryhandbooks.com/viewmilitary-handbooks/after-themilitary/





Filing for veterans' benefits, and appealing decisions on claims, can be time-consuming and confusing. But with the recent roll-out of new, streamlined claims processes, applying for veterans benefits now promises to be faster, easier and more accurate. <u>http://www.blogs.va.gov/VAntage/18183/vataking-guesswork-out-of-filing-for-benefits-by-requiring-forms/</u>

The changes involve:

- new requirements to use standardized forms for filing for benefits
- a new form for appealing decisions
- a new "intent to file" a claim process for those who need more time to gather information while preserving an effective date for benefits

If you're a veteran or you know a vet, or a survivor who has put off applying for benefits because it was too difficult, encourage them to visit <u>explore.va.gov</u> and check out the new ways to file for claims: <u>http://explore.va.gov/file-claim</u>

NOSTALGIA

POLICE-MEN NEWS Transfers-Appointments News pertaining to those in blue

12 May 1885

POLICE TRIALS Delinquent Officers Before the Commissioner To-day. The following are the more important cases of delinquency on the part of policemen which came up before Commissioner PARTRIDGE, this morning:

- John CADLEY, of the Third Sub Precinct, who was stationed at the Wall Street Ferry, accused Officer OBERLEY of trying to get his post away from him by undue influence. He followed up the accusation by striking his associate. He was transferred to another post.
- Thomas FOLAN, of the Eighth, dropped into Turn Hall on Fourteenth street, while on duty and treated himself to a glass of bock (?) beer, which cost him one day's pay.
- Edwarad MCDONALD, of the Eighth, was fined three days' pay for being off post.
- Charles HENNIGER, of the Tenth, was not present at roll call and admitted this morning that he had been paying too much attention to the bottle. Three days pay.
- Charles A. JACKSON, of the Seventh, deserted his post for the attractions of a hay and feed store and was fined one day's pay.
- James F. SULLIVAN , of the Fifth, was fined three days's pay for being off post.
- Peter J. MCEVOY, of the Ninth Sub Precinct, was dissatisfied with the quality of the blacking funished in the station house and stole a few minutes from the time he owed the city to purchase a box of superior brand. It cost him one day's pay.

18 May 1885

DEATH OF AN OLD OFFICER Patrolman James LECKEY, of the Fourth Precinct, fell dead at half past seven o'clock yesterday morning while helping to his feet a drunken man, at the corner of Myrtle avenue and Adelphi street. He had been suffering from heart disease for some time and this is supposed to have been the cause of his death. LECKEY was 58 years old, had been on the force since 1863, and always bore an excellent reputation. He leaves a wife and three children.

18 May 1885

SERGEANT CROWLEY Taken to Sing Sing This Morning - an Affecting Scene in the Tombs.

Sergeant CROWLEY at 7 o'clock this morning, was removed from the Tombs prison and conveyed to Sing Sing, to begin his sentence of seventeen and a half years within the walls of that prison. A quarter of an hour before that time, Warden FINN admitted to the prison the wife, father, sister and little daughter of the prisoner. During their stay there was an exceedingly affecting scene enacted in the corridor of the prison opposite cell No. 3, where CROWLEY had been incarcerated. CROWLEY, at sight of the grief of his wife and aged father, was himself moved to tears. When the van was in readiness to receive the prisoners for Sing Sing, CROWLEY was handcuffed to five other prisoners, and while in this humiliating state he took his final farewell of his wife. As he ascended the steps of the van his wife gave vent to a piercing shriek, which resounded throughout the entire prison. She must have fallen to the ground in a swoon but for the aid rendered by a keeper, who supportedher while she walked out of the prison, accompanied by the father and other relatives. CROWLEY and his fellow prisoners reached the Grand Central Depot in time for the 8 o'clock train, in which they were carried to Sing Sing, under the custody of Deputy Sherifs TUOMEY and RYAN.

POLICE TRIALS

Five officers charged with breach of duty appeared before the Police Commissioner this morning, and their cases were disposed of as follows:

NOSTALGIA

POLICE-MEN NEWS Transfers-Appointments News pertaining to those in blue

Continued May, 18 1885.......

- Joseph FAGAN, Thirteenth Precinct, off post, two days' pay;
- George AGNEY, Jr., Ninth Precinct, off relieving post, reprimanded;
- Michael CARBERRY, First Precinct, off post four hours, one day's pay;
- John ROLPH, Sixth Precinct, off post (in a bakery), one day's pay;
- Charles W. SPRAGUE, found in liquor store, reprimanded.

25 May 1885

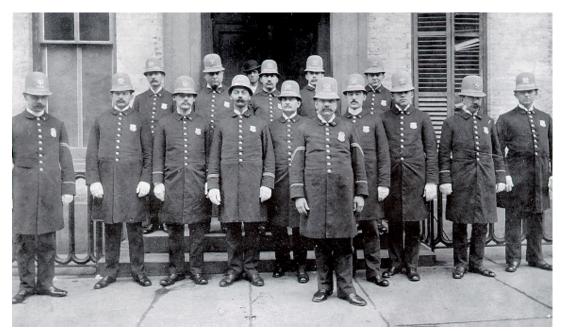
ACCIDENT TO AN EX-POLICEMAN

Late on Saturday night, ex-Police Officer EIGINBAUM was knocked down and run over by a Graham avenue car at the corner of Meserole street, one of the wheels badly mutilating his left arm and severing an artery. He was taken to MALZI's drug store on Graham avenue, where temporary relief was afforded. He was then removed to St. Catherine's Hospital where amputation was found necessary. His condition is considered precarious.

CIVIL SERVICE POLICEMEN

Appointments Made by the Commissioner This Morning The following men, having passed creditable examinations before the Police Civil Service Commission, were this morning appointed patrolmen by Commissioner PARTRIDGE:

Marks, John, 164 Pearl street, assigned to the First Precinct; KEEVEN, John, 195 King street, to the Eleventh; EDWARDS, F. W., 806 Jefferson street, to the Ninth sub-Precinct; LYNCH, Thomas H., 363 Fourth street, E.D., to the Fifth; STEVENS, Cassius R., 82 Putnam avenue, to the Fourth; CROSIER, Alexander, 67 Kosciusko street, to the Fourth; MOYLAN, Joseph P. 38 Carlton avenue, to the first; SHEEDY, Edward P., 447 Seventeenth street, to the Third. These men go on duty today.





Membership Meeting Minutes April 14, 2015

President Harvey Katowitz called the meeting to order with the Pledge of Allegiance at 6:48 PM with 70 members, 1 new member, and 3 guests present.

Bernard Roe gave the invocation.

Harvey then read the names and circumstances surrounding the deaths of the 19 law enforcement officers who died in the line of duty between last months and this month's membership meeting. This was followed by a moment of silence for these officers and our military personnel who have made the ultimate sacrifice protecting our country.

Roll Call of Officers

The following officers were present: President: Harvey Katowitz Treasurer: Ben Pepitone

Sgt. at Arms:	Harry Dobson
Trustee:	Bernard Roe
Trustee:	Frank DeMasi
Trustee:	John Erker
Trustee:	Bob Fee
Historian:	Joe Kozlowski

The following officers were excused:Vice President:Dave SchultheisSecretary:Scott HickeyTrustee:Brenda Jordan

Review of March's Minutes: A motion made by Mike Routledge and seconded by Kevin Gribbon to waive the reading of the minutes passed unanimously.

Introduction of Guest(s):

- Ret. 94 pct. P.O. Joe Pirelo
- Ret. LAPD Field Sgt. Steven Dorsey gave a presentation on the ease of obtaining personal information about members on the internet. He discussed a company, LEO Web Protect, <u>https://www.leowebprotect.com/</u> that members can subscribe to that will remove their personal information.

Sickness & Distress:

- Solomon McMillon, brother of Lucius McMillon passed away on March 3, 2015.
- Bertha Lapendela, mother-in-law/mother of Dave & Lori Schultheis passed away on 3/26/15.
- Robert "Benny" Arena is recovering from shoulder surgery.

Communications & Bills:

- Donations made to the families of hero Dets. Winjian Liu and Rafael Ramos from Jan 1, 2015 April 15, 2015 can be claimed on your 2014 tax return if you itemize deductions. If you already filed you can file an amended return.
- Fees Wipe Out \$2 Billion in City Pension Gains, Comptroller Says Crain's Business News

An analysis by the New York City's comptroller has concluded the city's pension funds over the past 10 years paid over \$2 billion in fees to money managers but got almost nothing in return.

Comptroller Scott Stringer told *The New York Times* the fees not only wiped out any benefit to the funds but have cost taxpayers billions of dollars in lost returns.

He says the returns on investments in privately traded assets traditionally have been reported without taking fees into account. He says the fees were disclosed only in footnotes to the funds' quarterly statements.

Report of Officers

President:

Blue Lives Matter Is a registered 501c5 nonprofit organization created by NYPD Sgt. Joseph Imperatrice to help the families of law enforcement brothers and sisters during their time of need. Members of the organization are NYC police officers and officers from other state and federal agencies whose mission to:

- Raise awareness and enlist the public's aid for Police Officers in need.
- Help Police Officers and assist each other.
- Provide a Police Officers family with comfort and support as they go through hard times.

Blue Lives Matter has been raising money since December 2014 through the sale of merchandise, including \$3 bracelets symbolizing unity.

The club has purchased 125 bracelets.

VP: Excused

Treasurer:

Club Checking Account as of 3/31						
Begining Balance:	\$17,229.06					
Checks and payments:	-\$2,743.39					
Deposits and credits:	<u>\$ 2,490.00</u>					
Cleared Balance:	\$16,975.67					
Jim Houston Memorial Fund as of 3/31.						
Beginning Balance:	\$630.00					
Deposits:	\$155.00					

Samantha LaRossa Trust Fund as of 3/31. Beginning Balance: \$14,853.59 Deposits: \$ Interest: <u>\$.37</u> Balance \$14,853.96

\$-72.00

\$713.00

A motion made by frank DeMasi and seconded by John Evrard to approve the treasurers reports passed unanimously.

Secretary: Excused

Checks & Payments:

Cleared Balance:

Trustees:

- Frank DeMasi: Nothing to report.
- John Erker: Nothing to report.
- Bob Fee: Nothing to report.
- Brenda Jordan: Nothing to report.
- Bernard Roe: Nothing to report.

Sgt. at Arms: Nothing to report.

Historian: Nothing to report.

Committee Reports:

- Membership: 316. 33 members removed for failing to pay their 2015 dues.
- Social: Knights Baseball Game 4 Tickets still available

Old Business:

• Club website: Attempts to correct the problem have been unsuccessful. The site may have to be recreated.

New Business:

Proposition for Membership:

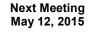
- Ret. 41 Pct. P.O. John Brienza
- Ret. Maryland State Trooper Ron Fansler

A motion made by Ben Pepitone and seconded by Sam Reiver to accept them as members passed unanimously

Good of the Club:

- Harvey presented a Jim Houston Memorial photo CD & photo album presentation to Joy Houston
- 50/50 of \$150 was won by Vic Mele.
- A drawing was held to choose the winners of the Club's two \$1000 scholarships from the four applications submitted. Sarah Albrecht, daughter of member Bob Albrecht was chosen as the recipient of the Bob Andretta Memorial Scholarship and Kellie Recher, daughter of member Vinnie Recher was the chosen as the recipient of the 911 Memorial Scholarship.

Motion to adjourn the meeting: A motion made at 1925hrs by Harry Dobson and seconded by Paul Pearo to adjourn the meeting passed unanimously



NYPD IC-13 Club of Charlotte, NC



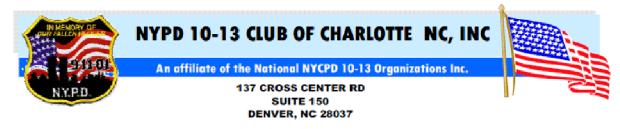
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NYPD 10-13



Club of Charlotte NC



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HOME PHONE ()	CELL PHONE ()
BUSINESS PHONE ()	SPOUSE'S NAM	E
EMAIL ADDRESS		
BIRTH DATE LAW ENFORCE	EMENT AGENCY	
TAX # APPOINTMENT DATE	RETIREM	
MODE OF RETIREMENT: SERVICE () ORDINA	ARY DISABILITY () ACC	IDENTAL DISABILITY ()
VESTED()		
LAST COMMAND LAS	T RANK HELD	
PREVIOUS COMMANDS		
I declare my desire for membership in the 10- membership fee and regularly subscribe my r member in good standing. I attest that I am a	enewal fee by the 1 st of .	January each year to remain a
SIGNED	DATED	
Make Check Payable To	: 10-13 Club of Charlotte	, NC, Inc.
	SHIP FEE IS \$30.00 13 Club of Charlotte, NC	

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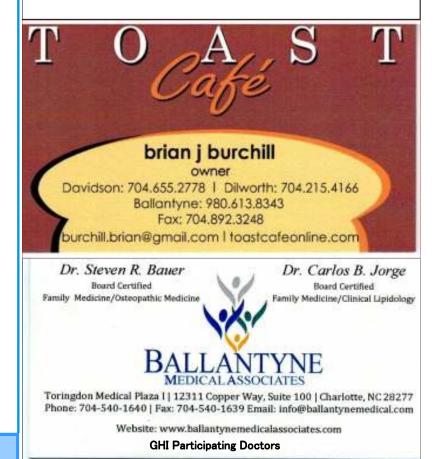


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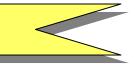
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